## **Malnutrition and Medical Care**

1 in 5 children in Haiti are malnourished, 1 in 10 are acutely malnourished and 1 in 14 will die before reaching the age of 5. Many children in Haiti have one meal per day, some less. Malnutrition at an early age leads to reduced physical and mental development for a person's entire life. This is why MOTO provides weekly deliveries of protein, local vegetables, cooking oil and spices.

According to the World Health Organization, for every 3,000 citizens, there is only one trained doctor or nurse in Haiti. Most rural areas have no access to health care. Because of this, many children, already malnourished and weak, die from otherwise preventable illnesses. MOTO has a staff nurse who evaluates the children twice a month and administers medical care as needed.