

The Effects of Trauma on Orphans

Left untreated, the effects of unresolved childhood trauma in orphans are linked to anxiety, depression, PTSD and numerous health problems. In Haiti specifically, these orphans are vulnerable and are at risk for becoming child slaves, sold into sex-trafficking, homeless, criminals or early death. In a study conducted by the CDC and Kaiser Permanente known as the **Adverse Childhood Experiences Study**, links between childhood trauma and negative outcomes later in life are dramatically greater than previously thought. This is why it is important that we do more than feed kids or help with education. Their mental health is equally as important as their physical health.

